



DATE: Wednesday, April 25, 2018

TIME: 19:00

PLACE: Margaret Manson Elementary School

RSVP: [Click here](#), before April 20

Screen Smart & Media Wise: Parenting Strategies for a Digital World

Presentation and discussion with Alissa Sklar, Ph.D.

Our children are digital natives, growing up in a wired world we could never have imagined during our own school years. The Internet places an incredibly powerful set of resources at their fingertips, allowing smartphones have fundamentally altered the way kids socialize with friends, do their schoolwork, learn about the world and communicate with others.

The vast opportunities offered by these technologies come with a set of challenges and responsibilities. How can we, as parents, teach our sons and daughters to put them to use in ways that are creative and productive, but also safe and responsible? How can we work with their schools to ensure they are getting these messages consistently and effectively? The good news is that you can – and should – lay the groundwork for good judgment, resilience and open communication.

Join us for a practical discussion about what you should know when it comes to kids and digital technology, and what you can do to promote safe, responsible, creative and productive use of these wonderful tools.

- Learn what it means to raise a “digital citizen”
- Understand how technology use has changed the way kids socialize, do schoolwork and sleep
- Set up effective household rules to complement what they are learning in school
- Create and enforce reasonable limits on use of digital devices
- Keep your kids talking to you about what’s on their mind and what’s happening at school
- Build positive online “footprints” for future school and job applications
- How to (mostly) stop worrying by being prepared.



Alissa Sklar, Ph.D. runs risk (within)reason, a Montreal consultancy project focused on kids, technology and risky behaviours. Dr. Sklar has a Ph.D. in communications and cultural studies, taught in the Communication Studies Department at Concordia University and worked in the field of adolescent risk prevention at McGill University. In addition to her academic and consulting work, Dr. Sklar is a mom of three, and a multiple award winning feature writer, with a particular interest in parenting, youth and digital technology issues. For more information, please visit www.risk-within-reason.com